

Scientific Program

Friday, November 21, 2025

AACE 

MIDDLE EAST
NORTH AFRICA

08:00-09:00 Registration and Morning Coffee

08:45-09:00 Welcome and Opening Ceremony

09:00-09:45

Plenary Lecture

Chair: Dr. Irina Bancos (USA)

PL1. Acromegaly, Diagnosis, Management and Anomalies

PGAN

Dr. John Wass (UK)

09:45-10:30

Plenary Lecture

Chair: Dr. Noor Al Busaidi (Oman)

PL2. Understanding Sexual Dysfunction in Women with Obesity and Diabetes

Women's Health/Diabetes/Nutrition and Obesity

Dr. Stephanie Faubion (USA)

10:30-11:00 Coffee Break

11:00-12:30

In-Depth Symposia

	Controversies in Diabetes Management	Menopause 101 <i>Chair: Dr. Sarah Nadeem (USA)</i>	Thyroid in Focus
11:00-11:25	IDS1.A.1 CGM Use in People With and Without Diabetes Diabetes <i>Dr. Salem Beshyah (UAE)</i>	IDS1.B.1 HRT 101 Women's Health <i>Dr. Stephanie Faubion (USA)</i>	IDS1.C.1 Molecular Basis of Thyroid Cancer and its Translational Implications Thyroid <i>Dr. Ali Alzahrani (KSA)</i>
11:25-11:50	IDS1.A.2 SGLT2i Use in Type 1 DM Diabetes <i>Dr. Betul Hatipoglu (USA)</i>	IDS1.B.2 Mood, Sleep and Cognitive Function in Menopause Women's Health <i>Dr. Ebba Alozairi (Kuwait)</i>	IDS1.C.2 ATA Guideline Update: Medullary Thyroid Cancer Thyroid <i>Dr. Tania Jaber (Qatar)</i>
11:50-12:15	IDS1.A.3 GLP1 use in T1DM Diabetes <i>Dr. Mona Nasrallah (Lebanon)</i>	IDS1.B.3 Menopause and Cardiometabolic Risk Women's Health <i>Dr. Noor Al Busaidi (Oman)</i>	IDS1.C.3 Contemporary Management of Graves' Disease Thyroid <i>Dr. Ahmed Hassoun (UAE)</i>
12:15-12:30	Q&A	Q&A	Q&A

Scientific Program

Friday, November 21, 2025



MIDDLE EAST
NORTH AFRICA

12:30-13:00

Company Symposium

13:00-14:00

Prayer Break

14:00-14:30

Company Lunch Symposium

14:30-15:05

Abstract Awards and Oral Presentation

15:05-15:35

Break

15:35-16:20

Meet-the-Expert Sessions

15:35-16:10

MTE1.A

What's New in the Approach and Management of Pheochromocytoma/Paraganglioma

PGAN

Dr. Irina Bancos (USA)

MTE1.B

Pituitary Tumors, Biology and Clinical Classification

PGAN

Dr. John Wass (UK)

MTE1.C

Screening & Management of Metabolic Liver Disease in Endocrine Clinics

Cardiometabolic and Lipids

Dr. Scott Isaacs (USA)

16:10-16:20

Q&A

Q&A

Q&A

15:35-16:20

Roundtable Case Based Discussion

Thyroid

Dr. Ali Alzahrani (KSA), Dr. Tania Jaber (Qatar), Dr. Tamer Elsherbiny (Egypt)

16:25-17:10

Meet-the-Expert Sessions

16:25-17:00

MTE2.A

Endocrine Practice in Resource - Limited Settings

Special Program/International Clinical Care

Dr. Sarah Nadeem (USA)

MTE2.B

Management of Kidney Disease in Diabetes - An Update

Diabetes

TBA

MTE2.C

Prevention and Cure current and Future for Type 1 Diabetes

Diabetes

Dr. Betul Hatipoglu (USA)

17:00-17:10

Q&A

Q&A

Q&A

17:10

End of Day 1

Scientific Program

Saturday, November 22, 2025



MIDDLE EAST
NORTH AFRICA

09:00-09:05 Daily Welcome

09:05-09:50

Plenary Lecture

Chair: Dr. Ali Alzahrani (KSA)

PL3. Updated Thyroid Nodule and Cancer Guidelines,
An Endocrine Surgeon's Perspective

Thyroid

Dr. Julie Ann Sosa (USA)

09:50-10:35

Plenary Lecture

PL4. Indications for SGLT2I and Incretin-Based Therapy Beyond Diabetes:
Overview and Future Outlook

Diabetes

Dr. Ralph DeFronzo (USA)

10:35-11:00

Break

11:00-11:30

Company Symposium

11:30-12:30

Speed Mentoring - 1:1 Chat with Expert

12:30-13:00

Company Lunch Symposium

13:00-13:30

Company Symposium

13:30-13:45

Break

Scientific Program

Saturday, November 22, 2025



MIDDLE EAST
NORTH AFRICA

13:45-15:15

In-Depth Symposia

	Ramadan and Endocrine Disease Management	Focus on Bone Health <i>Chair: Dr. Sarah Nadeem (USA)</i>	Obesity in Depth	Geriatrics & Endocrine Management
13:45-14:10	IDS2.A.1 Diabetes and Ramadan: An update Diabetes/PGAN/Thyroid Dr. Aisha Sheikh (Pakistan)	IDS2.B.1 Smoking and Bone Health Bone/Parathyroid Dr. Zeinab Issa (Lebanon)	IDS2.C.1 Obesity Management in Adolescent with Special Needs Nutrition and Obesity Dr. Noor Suleiman (Qatar)	IDS2.D.1 Diabetes Management in Special Populations Thyroid/Diabetes/ Nutrition and Obesity Dr. Mona Nasrallah (Lebanon)
14:10-14:35	IDS2.A.2 Thyroid and Ramadan: In Health and Disease Diabetes/PGAN/Thyroid Dr. Tamer Elsherbiny (Egypt)	IDS2.B.2 Osteoporosis in Men Bone/Parathyroid Dr. Jad Sfeir (USA)	IDS2.C.2 From Fat Storage to Fat Burning: Exploring the Role of Fasting in Obesity Treatment Nutrition and Obesity Dr. Scott Isaacs (USA)	IDS2.D.2 Obesity Management in the Elderly Thyroid/Diabetes/ Nutrition and Obesity Dr. Khawla Fouad (Bahrain)
14:35-15:00	IDS2.A.3 Adrenal Replacement in Ramadan Diabetes/PGAN/Thyroid Dr. Melika Chihaoui (Tunisia)	IDS2.B.3 Bone Health in Cancer Patients Bone/Parathyroid Dr. Marlene Chakhtoura (Lebanon)	IDS2.C.3 Approaching Weight Management in Women of Childbearing Age Nutrition and Obesity Dr. Tariq Chukir (Qatar)	IDS2.D.3 When to Treat and When Not to Treat for Thyroid Disease in Geriatrics Thyroid/Diabetes/ Nutrition and Obesity TBA
15:00-15:15	Q&A	Q&A	Q&A	Q&A
15:15-15:30	Break			

Scientific Program

Saturday, November 22, 2025



MIDDLE EAST
NORTH AFRICA

15:30-16:15

Meet-the-Expert Sessions

15:30-16:05

MTE3.A

Treatment of
Osteoporosis in the
Oldest Old

Bone/Parathyroid

Dr. Jad Sfeir (USA)

MTE3.B

Remission of T2D
Through Diet- is it
Real?

Diabetes

Dr. Dace Trence
(USA)

MTE3.C

Islet Cell Transplant,
Innovations in Type 1
DM Management

Diabetes

Dr. Abdulmohsen
Bakhsh (KSA)

MTE3.D

What is in the
Pipeline for
Diabetes
and Obesity
Management

Diabetes/Nutrition and Obesity

Dr. Ralph DeFronzo
(USA)

16:05-16:15

Q&A

Q&A

Q&A

Q&A

16:20-17:05

Meet-the-Expert Sessions

16:20-16:55

MTE4.A

Surgical
Hypoparathyroidism

Bone/Parathyroid

Dr. Julie Ann Sosa
(USA)

MTE4.B

Thyroid
Autoimmunity and
Cardiovascular
Risk: Beyond
Hypothyroidism

Thyroid

Dr. Tamer Elsherbiny
(Egypt)

MTE4.C

Beyond BMI: The
Role of Body
Composition
Assessment
in Obesity
Pharmacotherapy

Nutrition and Obesity

Dr. Tariq Chukir
(Qatar)

MTE4.D

Testosterone
Replacement -
Indications and
Challenges

PGAN

Dr. Aly Khalil
(UAE)

16:55-17:05

Q&A

Q&A

Q&A

Q&A

17:05

End of Day 2

Scientific Program

Sunday, November 23, 2025



MIDDLE EAST
NORTH AFRICA

09:00-09:00 Daily Welcome

09:00-09:45

Plenary Lecture

Chair: Dr. Irina Bancos (USA)

PL5. Congenital Adrenal Hyperplasia

PGAN

Dr. Oksana Hamidi (USA)

09:45-10:30

Plenary Lecture

Chair: Dr. Jad Sfeir (USA)

PL6. Diagnosis and Management of Hypoparathyroidism

Bone/Parathyroid

Dr. Aliya Khan (Canada)

10:30-10:45 Break

10:45-12:15

In-Depth Symposia

Adrenal Disease

Pediatrics and Vulnerable Population

Chair: Dr. Sarah Nadeem (USA)

10:45-11:10

IDS3.A.1

Mild Autonomous Cortisol Secretion/MACS

PGAN

Dr. Irina Bancos (USA)

IDS3.B.1

Obesity Management in Persons with Special Needs

Pediatrics/Nutrition and Obesity/Cardiometabolic/PGAN

Dr. Noor Suleiman (Qatar)

11:10-11:35

IDS3.A.2

Adrenocortical Cancer: New Advances

PGAN

Dr. Waqas Shafiq (Pakistan)

IDS3.B.2

Metabolic and Bariatric Management in Pediatrics

Pediatrics/Nutrition and Obesity/Cardiometabolic/PGAN

Dr. Asma Deeb (UAE)

11:35-12:00

IDS3.A.3

Regional Barriers to Diagnosis and Management of Adrenal Insufficiency

PGAN

Dr. Salem Beshyah (UAE)

IDS3.B.3

Turners Syndrome

Pediatrics/Nutrition and Obesity/Cardiometabolic/PGAN

Dr. Khadija Nuzhat Humayun (Pakistan)

12:00-12:15

Q&A

Q&A

Scientific Program

Sunday, November 23, 2025



MIDDLE EAST
NORTH AFRICA

12:15-13:15 Lunch Break

13:20-14:05

Meet-the-Expert Sessions

13:20-13:55

MTE5.A

Primary Aldosteronism

*Chair: Dr. Zeinab Issa
(Lebanon)*

PGAN

Dr. Oksana Hamidi (USA)

MTE5.B

Living in a Toxic World:
How Our Environment
Fuels Obesity

*Chair: Dr. Noor Al Busaidi
(Oman)*

Nutrition and Obesity

Dr. John Wilding (UK)

MTE5.C

Parathyroid in Pregnancy

*Chair: Dr. Aisha Sheikh
(Pakistan)*

Women's Health/Bone and Parathyroid

Dr. Aliya Khan (Canada)

13:55-14:05

Q&A

Q&A

Q&A

14:10-14:55

Plenary Lecture

PL7. Breaking the Cycle: From Fat Cells and Gut to the Mind in Weight Regain

Cardiometabolic and Lipids/Nutrition and Obesity

Dr. John Wilding (UK)

14:55-15:00

Closing Remarks

Mr. Johnnie White (USA)

15:00

End of Day 3