

Scientific Program

Friday, November 20, 2026



MIDDLE EAST
NORTH AFRICA
ANNUAL CONFERENCE

08:00-09:00 Registration and Morning Coffee

08:45-09:00 Welcome and Opening Ceremony

09:00-09:45 Plenary Lecture
Chair: Dr. Tamer Elsherbiny (Egypt)

Hall A & B

09:00-09:35 **PL1. ATA SCAN: ATA 2026 Sonographic Classification and Assessment of Thyroid Nodules**

Thyroid

Dr. Iram Hussain (USA)

09:35-09:45 Q&A

09:45-10:30 Plenary Lecture
Chair: Dr. Laila Tabatabai (USA)

Hall A & B

09:45-10:20 **PL2. Bone Disease and Current Advances in Management of Hypoparathyroidism**

Bone

Dr. John Bilezikian (USA)

10:20-10:30 Q&A

10:30-11:00 Coffee Break

11:00-11:30 Company Symposium

11:30-12:15 Meet-the-Expert Sessions

Hall A

MTE1.A Precision Medicine in Thyroid Cancer

Chair: Dr. Alex Tessnow (USA)

Thyroid

Dr. Sina Jasim (USA)

Q&A

Hall B

MTE1.B Approach to Primary Hyperparathyroidism

Chair: Dr. Tamer Elsherbiny (Egypt)

Bone

Dr. John Bilezikian (USA)

Q&A

Hall C

MTE1.C MASLD

Chair: Dr. Salem Beshyah (UAE)

DM, Nutrition and Obesity

Dr. Dimpi Desai (USA)

Q&A

12:15-13:30 Prayer Break

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13:30-14:00

Company Lunch Symposium

Hall A & B

14:00-14:30

Abstract Awards and Oral Presentation

Hall A & B

14:30-14:45

Coffee Break

14:45-16:15

In-Depth Symposia

Management of Metabolic Disease

Chair: Dr. Noor Al Busaidi (Oman)

Hall A

New Approaches to Thyroid Disease

Chair: Dr. Aly Khalil (UAE)

Hall B

Evaluation of Pituitary and Adrenal Diseases

Chair: TBA

Hall C

14:45-15:10

IDS1.A.1 GLP1 RA Maintenance vs. Dose De-Escalation After Achieving Target Weight

Nutrition and Obesity

Dr. Jaime Almandoz (USA)

IDS1.B.1 Radiofrequency Ablation: A First-Line Treatment Option?

Thyroid

Dr. Hossam Ghazi (Egypt)

IDS1.C.1 Imaging Approach to Common Pituitary Disorders

PGAN

TBA

15:10-15:35

IDS1.A.2 Obesity Medications in Adults with Psychiatric Conditions

Nutrition and Obesity

Dr. Dimpi Desai (USA)

IDS1.B.2 Combination Therapy for Hypothyroidism, for Everyone?

Thyroid

Dr. Alex Tessnow (USA)

IDS1.C.2 The Evaluation of Spells

PGAN

Dr. Yasser ElHassan (UAE)

15:35-16:00

IDS1.A.3 Chronic Disease Management Pathways for Population Health

Nutrition and Obesity

Dr. Dace Trence (USA)

IDS1.B.3 Hashimoto's Disease

Thyroid

Ms. Noura Hassaballa (Egypt)

IDS1.C.3 Adrenocortical Carcinoma

PGAN

Dr. Mohammed Amir Habra (UAE)

16:00-16:15

Q&A

Q&A

Q&A



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16:20-17:10	Debate	
	Hall A	
	Medications vs. Bariatric Surgery in Adults with Obesity	
	Chair: Dr. Tariq Chukir (Qatar)	
	Nutrition and Obesity	
	Dr. Basem Safadi (Lebanon) vs. Dr. Nasreen Al Faris (KSA)	
16:20-17:10	Meet-the-Expert Sessions	
	Hall B	Hall C
16:20-17:00	MTE2.A T1D Prediction: When to Screen, Whom to Screen and How? Chair: Dr. Dinesh Dhanwal (UAE) DM Dr. Hala Tfayli (Lebanon)	MTE2.B Year in Thyroidology Chair: Dr. Aly Khalil (UAE) Thyroid Dr. Iram Hussain (USA)
17:00-17:10	Q&A	Q&A
17:10	End of Day 1	



Scientific Program

Saturday, November 21, 2026



MIDDLE EAST
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09:00-09:05 Daily Welcome

09:05-09:50 Plenary Lecture

Chair: TBA

Hall A & B

09:05-09:40 **PL3.** Artificial Intelligence in Endocrinology, Diabetes and Metabolism

Special

Dr. David Klonoff (UK)

09:40-09:50 Q&A

09:50-10:35 Plenary Lecture

Chair: Dr. Ahmed Hassoun (UAE)

Hall A & B

09:50-10:25 **PL4.** Pituitary Incidentalomas

PGAN

Dr. Abbas Mansour (Iraq)

10:25-10:35 Q&A

10:35-11:00 Break

11:00-11:30 Company Symposium

Hall A & B

11:30-12:30 Debate

Hall A & B

Should CGMs be Used by Anyone and Everyone?

Diabetes

Dr. Dace Trence (USA) vs. Dr. Salem Beshyah (UAE)

12:30-13:00 Company Lunch Symposium

Hall A & B

13:00-13:30 Company Symposium

Hall A

13:30-13:45 Break

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13:45-15:15	In-Depth Symposia		
	Cardiovascular Disease and Endocrinology <i>Chair: Dr. Jaime Almandoz (USA)</i>	Diabetes Symposium <i>Chair: Dr. Ebaa AlOzairi (Kuwait)</i>	Endocrine Disorders Effect on Maternal and Fetal Health <i>Chair: Dr. Satendra Kumar Multani (UAE)</i>
	Hall A	Hall B	Hall C
13:45-14:10	IDS2.A.1 Cardio-Kidney and Metabolic Disease Cardiometabolic Dr. Timothy Garvey (USA)	IDS2.B.1 Inpatient Diabetes Management Diabetes Dr. Archana Sadhu (USA)	IDS2.C.1 Exploring Maternal and Neonatal Outcomes in Women with Type-1 Diabetes: A Study from Pakistan: Pregnancy Outcomes in Women with T1DM Diabetes Dr. Musarrat Riaz (Pakistan)
14:10-14:35	IDS2.A.2 Endocrine Hypertension PGAN Dr. Ahmed Hassoun (UAE)	IDS2.B.2 Beyond Blood Sugars: The Female-Specific Impact of Diabetes Diabetes Dr. Noor Al Busaidi (Oman)	IDS2.C.2 Focus on PMOS PGAN Dr. Sarah Nadeem (Pakistan)
14:35-15:00	IDS2.A.3 Breast Cancer and Bone Health Bone Dr. Laila Tabatabai (USA)	IDS2.B.3 Diabetes Management in Challenging Times Diabetes Dr. Salem Beshyah (UAE)	IDS2.C.3 Impact of Pre-Pregnancy GLP1 RA Exposure on Pregnancy Related Outcomes Nutrition and Obesity Dr. Tariq Chukir (Qatar)
15:00-15:15	Q&A	Q&A	Q&A
15:15-15:30	Break		

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15:30-16:15

Meet-the-Expert Sessions

	Hall A	Hall B	Hall C
15:30-16:05	MTE3.A Evaluation and Management of Disorders of Sex Development <i>Chair: Dr. Musarrat Riaz (Pakistan)</i> PGAN/Pediatrics Dr. Asma Deeb (UAE)	MTE3.B Acromegaly <i>Chair: Dr. Mohammed Amir Habra (UAE)</i> PGAN Dr. Zeinab Dabbous (Qatar)	MTE3.C Year-in Review: Islet Cell Therapy and Regeneration <i>Chair: TBA</i> Special Dr. Abdulmohsen Bakhsh (KSA)
16:05-16:15	Q&A	Q&A	Q&A

16:20-17:05

Meet-the-Expert Sessions

	Hall A	Hall B	Hall C
16:20-16:55	MTE4.A Pathogenesis Directed Therapy: The Future of Graves Disease Treatment <i>Chair: Dr. Najmul Islam (Pakistan)</i> Thyroid Dr. Tamer Elsherbiny (Egypt)	MTE4.B Obesity, The Year in Review <i>Chair: Dr. Tariq Chukir (Qatar)</i> Nutrition and Obesity Dr. Jaime Almandoz (USA)	MTE4.C Cardiometabolic Care, Time for Integrated Care Models and Research <i>Chair: Dr. Archana Sadhu (USA)</i> Cardiometabolic Dr. Timothy Garvey (USA)
16:55-17:05	Q&A	Q&A	Q&A

17:05

End of Day 2

Scientific Program

Sunday, November 22, 2026



MIDDLE EAST
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08:55-09:00 Daily Welcome

09:00-09:45

Plenary Lecture

Chair: Dr. Sarah Nadeem (USA)

Hall A & B

09:00-09:35

PL5. GLP-1RA for T1D: When and How?

Diabetes

Dr. Viral Shah (USA)

09:35-09:45

Q&A

09:45-10:30

Plenary Lecture

Chair: Dr. Abdullah Al Futaisi (Oman)

Hall A & B

09:45-10:20

PL6. Bench to Bedside: Approaches to Craniopharyngioma

PGAN

Dr. Susan Samson (USA)

10:20-10:30

Q&A

10:30-10:45

Break

10:45-12:15

In-Depth Symposia

State of the Art Type 1 DM Overview

Chair: Dr. Ebaa Alozairi (Kuwait)

Hall A

Case Based Focus on Adrenal Disease

Chair: Dr. Ahmed Hassoun (UAE)

Hall B

10:45-11:10

IDS3.A.1

Artificial Pancreas, are we there yet?

Diabetes

Dr. Viral Shah (USA)

IDS3.B.1

Adrenal Crisis: Improving Recognition and Emergency Care

PGAN

Dr. Sima Jasim (USA)

11:10-11:35

IDS3.A.2

Diabetes Distress

Diabetes

Dr. Abdullah AlOzairi (Kuwait)

IDS3.B.2

Cushing's Disease

PGAN

Dr. Susan Samson (USA)

11:35-12:00

IDS3.A.3

Overview of LADA: How is it Different from T1D?

Diabetes

Dr. Molham Al-Habori (Yemen)

IDS3.B.3

Congenital Adrenal Hyperplasia

PGAN

Dr. Yasser El Hassan (UAE)

12:00-12:15

Q&A

Q&A

12:15-13:15

Lunch Break



13:20-14:05

Meet-the-Expert Sessions

	Hall A	Hall B
13:20-13:55	MTE5.A Ramadan DAR Guidelines <i>Chair: Dr. Aly Khalil (UAE)</i> Diabetes Dr. Najmul Islam (Pakistan)	MTE5.B Sequential Osteoporosis Therapy <i>Chair: Dr. Satendra Kumar Multani (UAE)</i> Bone Dr. Laila Tabatabai (USA)
13:55-14:05	Q&A	Q&A
14:05	End of Day 3	