



First ASPE 2013 Congress Kuwait

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Ministry of Health



First Annual Arab Society for Pediatric Endocrinology Conference 2013

Courtyard Hotel by Marriott, Kuwait City, Kuwait

Thursday 21st to Saturday 23rd of November, 2013

CME: 18.0 Hours

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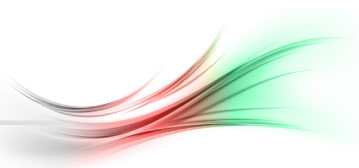
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Welcome Note



Dear Colleagues,

On behalf of the organizing committee, it gives me great pleasure to invite you to participate in the First Annual Arab Society for Pediatric Endocrinology Conference to be held under patronage of his Excellency the Minister of Health in Kuwait.

The conference that is to be held in Kuwait from the 21-23rd of November 2013 is the first of its kind in the MENA region. This prestigious occasion will reunite experts in the field of Pediatric Endocrine and Diabetes from around the world to share their expertise and to promote evidence based practice among endocrinologists, diabetologists, general pediatricians and family physicians as well as other professionals working with children with endocrine disorders.

Kuwait is a relatively small country located in the north-east corner of the Arabian Peninsula, but it has a rich history and thus it has many museums and places of interest for visitors. Kuwait City is home to many of the most popular destinations in the region country.

The First Annual Arab Society for Pediatric Endocrinology Conference is composed of three days exiting program, which will gather together researchers, lecturers and clinicians, involved in Pediatric Endocrinology and Diabetes Care. The Conference will have key note session, symposia, oral and poster presentation and meet the expert sessions presented by a nationally and internationally renowned faculty, which will ensure a high scientific level of the program and nice networking opportunities with colleagues from around the world.

More than 300 healthcare professionals are expected to participate in the three days conference, held at the Courtyard Hotel by Marriott.

We look forward to your participation, particularly your insights, which can be shared during the presentations and discussion periods of all sessions.

Best Wishes

Dr. Mona Al Khawari

Chairperson

First Annual Arab Society for Pediatric Endocrinology Conference

Conference Committees



Organizing Committee:

Dr. Mona Al-Khawari
Head of Pediatrics Council
Head of Pediatric Department
Consultant Pediatric Endocrinologist
Head of Pediatric Endocrine Unit
Amiri Hospital

Mr. Faisal Al-Dosari
Director of Public Relation Department
Ministry of Health, State of Kuwait

Scientific Committee:

Dr. Mona Al-Khawari
Head of Pediatric Endocrine Unit
Amiri Hospital

Dr. Dalia Al-Abdulrazzaq
Pediatric Endocrinologist
Mubarak Al-Kabeer Hospital

Dr. Dina Ramadan
Consultant Pediatrician
Sabah Hospital

Dr. Hala Al-Sanae
Consultant Pediatric Endocrinologist
Amiri Hospital

Dr. Hessa Al-Kandari
Head of Pediatric Endocrine Unit
Farwanyia Hospital

Dr. Iman Albasiri
Consultant Pediatric Endocrinologist
Mubarak Al-kabeer Hospital

Dr. Maria Al-Mahdi
Senior Specialist Pediatric Endocrinologist
Adan Hospital

Regional Scientific Committee:

Dr. Abdel Hadi Habeb
Consultant Pediatric Endocrinologist
Maternity and Children Hospital

Dr. Asma Deeb
Consultant Pediatric Endocrinologist
Mafraq Hospital

Dr. Bassam Binabbas
Consultant Pediatric Endocrinologist
King Faisal Specialist Hospital

Dr. Elham Al Amiri
Pediatric Endocrinologist
Al Qassimi Hospital

Dr. Rasha Tarif
Pediatric Endocrinologist
Ain Shams University

Social Committee:

Dr. Fawzia Mandani
Consultant Pediatrician
Sabah Hospital

Dr. Majedah Abdul-Rasoul
Head of Pediatric Endocrine Unit
Mubarak Al-Kabeer Hospital

Dr. Zaidan Al-Mazidi
Head of Pediatric Endocrine Unit
Sabah Hospital

Conference Speakers



Prof. Silva Arslanian

Richard L. Day Endowed Professor of Pediatrics
Children's Hospital of Pittsburgh



Prof. V. Krishna Chatterjee

Deputy Programme Director
Cambridge Institute for Medical Research



Prof. Ahmed S. Faisal

Samson Gemmell Chair of Child Health
Royal Hospital for Sick Children



Prof. Ieuan Hughes

Consultant Pediatric Endocrinologist
Cambridge University Hospitals NHS Foundation



Dr. Khalid Hussain

Consultant Pediatric Endocrinologist
Great Ormond Street Children Hospital



Dr. Farid Mahmud

Pediatric Endocrinologist
Children's Health Research Institute



Dr. Carla Moran

Clinical Research Fellow
Cambridge Institute for Medical Research



Dr. Zulf Mughal

Consultant in Pediatric Bone Disorders
Manchester Medical School



Prof. Michael B. Ranke

Professor of Pediatric Endocrinology
Eberhard Karls University



Dr. Alan D. Rogol

Professor of Pediatric Endocrinology
University of Virginia



Prof. Martin O. Savage

Consultant Pediatric Endocrinologist
London Clinic Centre for Endocrinology



Dr. Nadia Schoenmakers

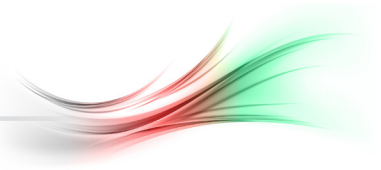
Clinical Research Fellow
Cambridge Institute for Medical Research



Dr. Abdullah Al-Ashwal

Consultant Pediatric Endocrinology
King Faisal Hospital

General Information



Date and Venue:

Thursday 21st to Saturday 23rd of November, 2013
Courtyard Hotel by Marriott, Kuwait City
Al-Shuhada Street, Sharq

Target Audience:

- Pediatric Endocrinologists
- Diabetologists
- General Internal Physicians
- General Pediatricians
- Primary Care Doctors
- Clinical Pharmacists
- Senior nurses
- Community Pharmacists
- Dietitians
- Medical Scientists

Highlights of the Program

- Disorders of Glucose Metabolism
- Practical Issues in DSD Management
- Long Term Complication and Association
- Disorders of the Thyroid
- Approach to Rare Endocrine Disorders
- Female Adolescent Reproductive Health
- Growth Disturbances
- Endocrine Complication of Chronic Pediatric Diseases
- Growth Disturbances
- Abnormal Puberty: The Two Extremes

CME Accreditation:

18.0 CME hours are accredited to attendees
by the Kuwait Institute for Medical Specialization (KIMS)
of the Ministry of Health, State of Kuwait.



Professional Organizers:

DiaEdu Management Consultancy
Phone: +971 50 557 6783
Email: cbron@diaedu.com
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Registration Information



Fees & Schedule:

Registration Fee Schedule Until	Early Bird	Standard Rate
	September 1	November 20
Healthcare professionals from Abroad		
Conference Pass	KWD 50	KWD 75
Healthcare professionals from Kuwait		
Doctors	KWD 10	KWD 10
Residence and Medical students	Free	Free

The registration fee will cover tuition, symposium literature, certificate of attendance, lunch & coffee breaks for the conference only.

Gala Dinner:

Attendees are invited to the Gala Dinner on Friday evening. The Gala Dinner will be at the Palm Beach Hotel & Spa and offers you a delicious barbeque dinner.

The Gala Dinner offers a great opportunity to meet and talk with colleagues from the region as well as internationally and is a good way to socialize with your colleagues from around the world.

Pre-registration tickets are required and can be purchased online at a price of 20 KWD. Please visit www.ArabSPE.org for more information.

Onsite Registration:

On-site registration will begin on Thursday the 21st of November, 2013, at 07:30

	Time
Thursday the 21 st of November, 2013	07:30-09:00
Friday the 22 nd of November, 2013	07:00-09:30
Saturday the 23 rd of November, 2013	07:30-10:00

To avoid waiting in line at the on-site registration counters, we encourage you to register for the conference online in advance.

Program Outline



Thursday November 21		Friday November 22	Saturday November 23	
07.00-07.30		Registration	Registration	07.00-07.30
07.30-08.00		MEI 4 Parallel	MEI 4 Parallel	07.30-08.00
08.00-09.00	Registration			08.00-09.00
09.00-09.30	Opening Ceremony	Break	PSS	09.00-09.30
09.30-10.00	Break			09.30-10.00
10.00-10.30		PL7 & PL8	Break	10.00-10.30
10.30-11.00	PL1 & PL2			10.30-11.00
11.00-11.30			PL11 & PL12	11.00-11.30
11.30-12.00		Lunch & Friday Prayer		11.30-12.00
12.00-13.00	Lunch & Dhuhr Prayer		Lunch & Dhuhr Prayer	12.00-13.00
13.00-13.30				13.00-13.30
13.30-14.00	PL3 & PL4	PL9 & PL10	PL13 & PL14	13.30-14.00
14.00-14.30				14.00-14.30
14.30-15.00	Break	Break	Break	14.30-15.00
15.00-15.30				15.00-15.30
15.30-16.30	DSS1	OP1	OP2	15.30-16.30
16.30-16.45				16.30-16.45
16.45-17.15		Break	Break	16.45-17.15
17.15-17.30	Break			17.15-17.30
17.30-18.30		DSS2	PL15 & PL16	17.30-18.30
18.30-18.45	PL5 & PL6			18.30-18.45
18.45-19.00				18.45-19.15
19.00-19.15				
20.30-23.00		Gala Dinner		19.30-23.00

- ME:

Meet the Expert
- PL:

Plenary Lecture
- OP:

Oral Presentation
- DSS:

Diamond Satellite Symposium
- PSS:

Platinum Satellite Symposium

Conference Program



Day 1: Thursday, November 21st, 2013

TIME	DESCRIPTION
07:30-09:00	Registration
09:00-09:30	Opening Ceremony
09:30-10:00	Break
10:00-11:30	Plenary Session I: Disorders of Glucose Metabolism
10:00-10:40	Type 2 Diabetes in Youth: Pathophysiology and Treatment Prof. Silva Arslanian, USA
10:40-11:20	Update in Diagnosis and Management of PHHI Including Long Term Follow Up Dr. Khaled Hussain, UK
11:20-11:30	Discussion
11:30-13:00	Lunch & Dhuhr Prayer
13:00-14:30	Plenary Session II: Practical Issues in DSD Management
13:00-13:40	Sex Assignment and Replacement Therapy Prof. Ieuan Hughes, UK
13:40-14:20	Sensible Use of Test and Limit the Cost Involved Prof. Ieuan Hughes, UK
14:20-14:30	Discussion
14:30-15:00	Coffee Break & Aser Prayer
15:00-17:15	Diamond Satellite Symposium I: Long Term Complication and Association
15:00-15:40	Celiac Disease & Type 1 Diabetes: The Toronto Experience Dr. Farid Mahmud, Canada
15:40-16:20	Cardiometabolic Syndrome in Youth Prof. Silva Arslanian, USA
16:20-17:00	Endothelium Meets the Endocrinologist: Non-Invasive Strategies for Monitoring Cardiovascular Disease Risk in Children and Adolescent Dr. Farid Mahmud, Canada
17:00-17:15	Discussion

TIME	DESCRIPTION
17:15-17:30	Coffee Break & Magrib Prayer
17:30-19:15	Plenary Session III: Disorders of the Thyroid
17:30-18:00	Genetic Basis of Congenital Hypothyroidism Dr. Nadia Schoenmakers, UK
18:00-18:30	Unusual Thyroid Cases Dr. Carla Moran, UK
18:30-19:00	Resistance to Thyroid Hormone Prof. Krishna Chatterjee, UK & Dr. Carla Moran, UK
19:00-19:15	Discussion

Day 2: Friday, November 22nd, 2013

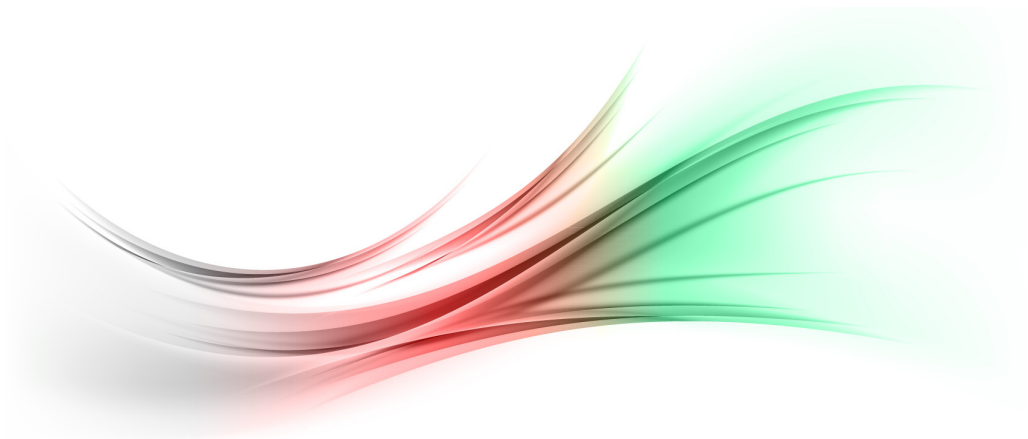
TIME	DESCRIPTION
07:00-07:30	Registration for ME
07:30-09:00	Meet the Expert I
	Diabetes and Bone Lipids and Hypoglycemia Puberty and DSD
09:00-09:30	Break and Conference Registration
09:30-11:00	Plenary Session IV: Approach to Rare Endocrine Disorders
09:30-10:10	Diagnosis and Treatment of Pediatric Cushing's Syndrome Prof. Martin Savage, UK
10:10-10:50	An Approach to a Child with Recurrent Fragility Fractures Dr. Zulf Mughal, UK
10:50-11:00	Discussion
11:00-13:00	Lunch & Friday Prayer
13:00-14:30	Plenary Session V: Female Adolescent Reproductive Health
13:00-13:40	Transition of Girls with Turner Syndrome to Adult Care Dr. Alan Rogol, USA
13:40-14:20	Polycystic Ovary Syndrome in Adolescent Girls Prof. Silva Arslanian, USA
14:20-14:30	Discussion
14:30-15:00	Coffee Break & Aser Prayer

TIME	DESCRIPTION
15:00-16:45	Oral Presentations I: Epidemiology
16:45-17:15	Coffee Break & Magrib Prayer
17:15-18:45	Diamond Satellite Symposium II: Growth Disturbances
17:15-17:55	Indications for GH: Conventional vs. Non-Conventional: Blessing or a Wrong Path? Prof. Michael Ranke, Germany
17:55-18:35	Growth Hormone Therapy in the Longer Term: Transition to Adulthood and Safety Issues Dr. Alan Rogol, USA
18:35-18:45	Discussion
20:30-23:00	Gala Dinner at the Palm Beach Hotel & Spa (Tickets Only)

Day 3: Saturday, November 23rd, 2013

TIME	DESCRIPTION		
07:00-07:30	Registration for ME		
07:30-09:00	Meet the Expert II		
	Puberty and DSD	Bone and Growth	Lipids and Hypoglycemia
09:00-10:00	Platinum Satellite Symposium		
10:00-10:30	Break and Conference Registration		
10:30-12:00	Plenary Session VI: Endocrine Complication of Chronic Pediatric Diseases		
10:30-11:10	Puberty and Growth in Chronic Diseases Dr. Ahmed Faisal, UK		
11:10-11:50	Secondary Osteoporosis in Children Dr. Zulf Mughal, UK		
11:50-12:00	Discussion		
12:00-13:00	Lunch & Dhuhr Prayer		
13:00-14:30	Plenary Session VII: Growth Disturbances		
13:00-13:40	Prediction of Growth Prof. Michael Ranke, UK		
13:40-14:20	Idiopathic Short Stature: Diagnosis and Management Prof. Martin Savage, UK		

TIME	DESCRIPTION
14:20-14:30	Discussion
14:30-15:00	Coffee Break & Aser Prayer
15:00-16:45	Oral Presentations II
16:45-17:15	Coffee Break & Magrib Prayer
17:15-18:45	Plenary Session VIII: Abnormal Puberty: The Two Extremes
17:15-17:55	What Triggers Normal and Early Puberty Prof. Ieuan Hughes, UK
17:55-18:35	Delayed Puberty: Approach and Management Especially in Male Patients Dr. Alan Rogol, UK
18:35-18:45	Discussion
18:45-19:00	Closing & Feedback



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