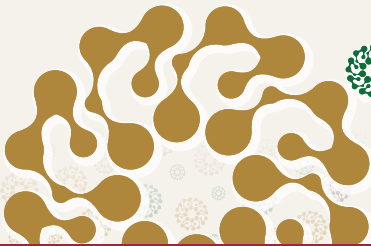




SCIENTIFIC PROGRAM
Friday - October 9, 2026
DAY 1

MIDDLE EAST
RHEUMATOLOGY
CONFERENCE
MRC2026



TIME	SESSION/TOPIC
13:00-14:00	Registration
14:00-18:15	Workshops A, B & C
14:00-15:30	Hall A Nephrology: What Rheumatologists Need to Know <i>Dr. Chadia Beaini (UAE)</i>
15:30-16:00	Satellite Symposium
16:15-18:15	Hall A An Approach to Interstitial Lung Disease (ILD) in Clinical Practice <i>Dr. Bariq Alamiri (UAE)</i>
14:00-15:30	Hall B <i>Chairs: Dr. Wafa Madan (Bahrain) and Dr. Shaima Kamal (KSA)</i> AI in Research <i>Dr. Azhar Rahma (UAE)</i>
14:00-18:00	Hall C BMJ (British Medical Journal) Case Report Workshop <i>Dr. Seema Biswas (UK) and Dr. Khalid Qureshi(UAE)</i>
18:15-18:30	Break
18:30-19:00	Opening Ceremony
19:00-19:45	Keynote Rheumatology: Year-in review <i>Prof. Hassan Tahir (UK)</i>
19:45-20:45	Dinner and Networking

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SCIENTIFIC PROGRAM

Saturday - October 10, 2026
DAY 2

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TIME	SESSION/TOPIC
08:30-09:00	Registration and Morning Coffee
09:00-10:30	SESSION I: Fertility and Pregnancy in Rheumatology <i>Chairs: Dr. Samar Al Emadi (Qatar) and Dr. Deena Shaheen (UAE)</i>
09:00-09:15	Case Based Interactive Discussion: Difficult Pregnancy (How to Manage Difficult Pregnancy in Rheumatic Disease - Active and Obstetric) TBC
09:15-09:35	Basic Science: Precision Medicine in Fertility Issues in Rheumatic Diseases Rheumatologist <i>Dr. Mira Merashli (Lebanon)</i>
09:35-09:55	Local Experience: Breastfeeding Lactation Consult Lactation Consultant TBC
09:55-10:15	Keynote: Recent Advances in Sjogren Management <i>Dr. Yuzaiful Yusof (UK)</i>
10:15-10:30	Q&A
10:30-10:45	Break
10:45-11:15	Satellite Symposium
11:15-12:45	SESSION II: Vasculitis <i>Chairs: Dr. Suad Hanawi (UAE) and Dr. Hanan Al-Rayes (KSA)</i>
11:15-11:30	Case Based Interactive Discussion: Undifferentiated Vasculitis (Behcet) <i>Dr. Shamma Alnokhatha (UAE)</i>
11:30-11:50	Basic Science: Precision Medicine in ANCA Vasculitis <i>Prof. David D'Cruz (UK)</i>
11:50-12:10	Local Experience: GCA & PMR <i>Dr. Ahlam AlMarzooqi (UAE)</i>
12:10-12:30	Keynote: Precision Medicine in Advances in Management Vasculitis <i>Dr. Arti Mahto (UK)</i>
12:30-12:45	Q&A
12:45-13:30	Lunch and Networking
13:30-14:00	Satellite Symposium



SCIENTIFIC PROGRAM

Saturday - October 10, 2026
DAY 2

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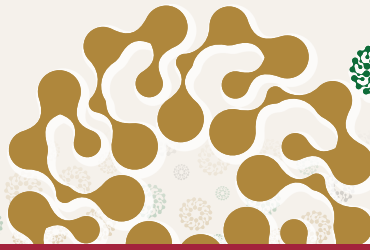
TIME	SESSION/TOPIC
14:00-15:30	SESSION III: Role of Allied Professional in Rheumatology <i>Chairs: Dr. Zaid Alrawi (UAE) and Dr. Ali Alshamsi (UAE)</i>
14:00-14:15	Case Based Interactive Discussion: Physiotherapy <i>Dr. Samira Cutts (UAE)</i>
14:15-14:35	Basic Science: Microbiology and Immunology <i>Dr. Luay Ibrahim (Iraq)</i>
14:35-14:55	Local Experience: Dietitian <i>Dr. Malak Atwat (UAE)</i>
14:55-15:15	Keynote: Psychiatrist <i>Dr. Sunita Sahu (UAE)</i>
15:15-15:30	Q&A
15:30-16:00	Satellite Symposium
16:00-16:15	Coffee Break
16:15-17:45	SESSION IV: Systemic Sclerosis and Myositis <i>Chairs: Dr. Mustafa Izzi (UAE) and Dr. Fahda Alokaily (KSA)</i>
16:15-16:30	Case-Based Interactive Discussion: Systemic Sclerosis <i>TBC</i>
16:30-16:50	Basic Science: Precision Medicine in Systemic Sclerosis <i>Dr. Abdulaziz Alsarawi (KSA)</i>
16:50-17:10	Local Experience: Myositis <i>Dr. Ahmed Zayat (UAE)</i>
17:10-17:30	Keynote: Precision Medicine in Myositis <i>TBC</i>
17:30-17:45	Q&A



SCIENTIFIC PROGRAM

Sunday - October 11, 2026
DAY 3

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TIME	SESSION/TOPIC
08:30-09:00	Registration and Morning Coffee
09:00-10:30	SESSION V: Inflammatory Arthritis <i>Chairs: Dr. Beena Hameed (UAE) and Dr. Saadeya Naji (Bahrain)</i>
09:00-09:15	Case Based Interactive Discussion: Difficult to Treat Rheumatoid Arthritis <i>Dr. Ahmed Abdulshakour (KSA)</i>
09:15-09:35	Basic Science: Precision Medicine in Early to Late Arthritis <i>Dr. Aqeel Ghanem (Kuwait)</i>
09:35-09:55	Local Experience: RA Biologics <i>Dr. Nizar Abdullateef (Iraq)</i>
09:55-10:15	Keynote: Precision Medicine in Management PsA <i>Dr. Muhammad Haroon (Pakistan)</i>
10:15-10:30	Q&A
10:30-10:45	Coffee Break
10:45-11:45	SESSION VI: Abstract Presentations <i>Chairs: TBA</i>
10:45-10:53	Complementary and Alternative Therapy (CAM) Usage in Rheumatology Patients in the United Arab Emirates: A Comprehensive Analysis of Demographics, Disease Activity, Functional Status, and Lifestyle Factors <i>Dr. Humeira Badsha (UAE)</i>
10:53-11:01	Pregnancy Outcomes in Behcet's Disease: A Systematic Review <i>Dr. Samar Al Emadi (Qatar)</i>
11:01-11:09	Hyperuricemia as an Independent Risk Factor for Ischemic Heart Disease in Young Adults <i>Dr. Aamerah Shah (UAE)</i>
11:09-11:17	Nanoencapsulated Sirolimus plus Pegadricase (NASP) demonstrates efficacy and safety for up to 6 months in Uncontrolled Gout: Combined data from the DISSOLVE I & II Phase 3, double-blind, placebo-controlled clinical trials <i>Dr. Bhavisha Desai (USA)</i>
11:17-11:25	Ten-Year Experience with ANCA-Associated Vasculitis in the United Arab Emirates: Findings from the Cleveland Clinic Abu Dhabi Registry <i>Dr. Sarah Al Qassimi (UAE)</i>
11:25-11:33	Nanoencapsulated Sirolimus plus Pegadricase (NASP) Demonstrates a Reduction in Gout Flares: Results from the Phase 3 DISSOLVE Studies <i>Dr. Bhavisha Desai (USA)</i>
11:33-11:41	Efficacy and Safety of Bruton's Tyrosine Kinase Inhibitors in Autoimmune Rheumatic Diseases: A Systematic Review and Meta-Analysis <i>Dr. Sana Shaik (UAE)</i>

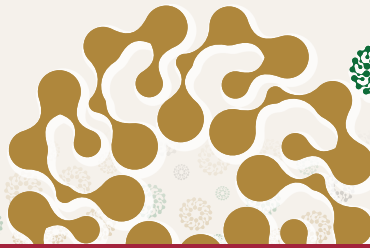
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SCIENTIFIC PROGRAM

Sunday - October 11, 2026
DAY 3

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TIME	SESSION/TOPIC
11:45-12:15	Satellite Symposium
12:15-13:45	SESSION VII: Ankylosing Spondylitis <i>Chairs: Dr. Khalid Alnaqbi (UAE) and Dr. Adeeba AlHerz (Kuwait)</i>
12:15-12:30	Case Based Interactive Discussion: Ankylosing Spondylitis <i>Dr. Fehaid Alanazi (KSA)</i>
12:30-12:50	Basic Science: Precision Medicine in Ankylosing Spondylitis <i>Dr. Humaid Alwahshi (Oman)</i>
12:50-13:10	Local Experience: Ankylosing Spondylitis <i>Dr. Mariam Almansoori (UAE)</i>
13:10-13:30	Keynote: Precision Medicine in Difficult to Manage Ankylosing Spondylitis <i>Prof. Hassan Tahir (UK)</i>
13:30-13:45	Q&A
13:45-14:00	Closing Remarks
14:00	End of Program / Lunch and Networking