

# Dr. Mohamedahmed Eltom Dafalla Eltohami

MBBS, PgDip Diabetes

General Practitioner & Endocrine Researcher

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## Professional Summary

Experienced General Practitioner and Endocrine Researcher with over a decade of clinical, academic, and public health experience. Proven leadership in research development, clinical guideline formulation, and multidisciplinary collaboration in both humanitarian and academic settings. Committed to advancing endocrine science through regionally relevant research and evidence-based protocols.

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## Education

- **Postgraduate Diploma in Diabetes** – University of South Wales, UK
  - **Bachelor of Medicine and Surgery (MBBS)** – Al-Zaiem Al-Azhari University, Sudan
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## Professional Experience

### Deputy Director and General Practitioner

*An Naqiah Dispensary, Saudi Arabia*

- Lead daily clinical operations, focusing on endocrine and chronic disease management
- Supervise patient safety, referrals, and care coordination
- Mentor junior staff and promote protocol adherence in line with best practices

### Emergency Medicine Resident

*Various Hospitals in Sudan and Saudi Arabia*

- Delivered critical care services in high-volume, high-pressure settings
- Managed acute endocrine emergencies and coordinated patient stabilization

### Lecturer – Emergency Medical Services and First Responder Training

- Designed and taught curriculum on emergency preparedness
- Delivered workshops on diabetes emergencies and endocrine-related triage

### Telemedicine Physician – Digital Clinic

- Provided remote care for chronic diseases including diabetes and thyroid conditions

- Led virtual consultations aligned with regional and international guidelines
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## **Research and Academic Contributions**

- Developed and reviewed **clinical protocols** for endocrine disorders in low-resource settings
  - Supported **multicenter research** proposal development within the region
  - Served on **Research Ethics Committees** ensuring scientific integrity and ethical compliance
  - Actively involved in **grant writing and funding applications** for endocrine studies
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## **Selected Publications**

1. *Increasing Prevalence of Type 2 Diabetes Mellitus and Impact of Ethnicity in North Sudan*
  2. *Economic and Social Impact of Diabetes Mellitus in a Low-Income Country: A Case-Control Study in Sudan*
  3. *Iodine Deficiency Control by the Health Area Management Team of the Wadi Saleh District, Western-Darfur, Sudan*
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## **Leadership & Professional Memberships**

- Member – Saudi Commission for Health Specialties
  - Member – Sudan Medical Council
  - Member – Medical Council of Canada
  - Affiliated with international organizations including:
    - American Diabetes Association (ADA)
    - International Society of Endocrinology (ISE)
    - Arab Society for Pediatric Endocrinology and Diabetes (ASPED)
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## **Skills**

- Leadership in endocrine research coordination and clinical practice standardization
- Strong scientific writing and reporting, including research ethics compliance
- Grant development and donor engagement
- Proficient in public health surveillance and digital health tools (DHIS2, telemedicine)

- Academic instruction and training in clinical and emergency settings
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## **Languages**

- Arabic – Native
- English – Fluent